

## DAILY CONFERENCE SCHEDULE

8:00 AM - 9:00 AM Registration

9:00 AM - 4:30 PM Workshops

Thursday, February 19, 2009

Full Day Workshops

9:00 AM - 4:30 PM

### THE SEVEN-MINUTE COUNSELOR BRIEF, TIME-LIMITED ADLERIAN COUNSELING

*Al Milliren, Ed.D. Associate Professor, Governors State University, University Park, IL*

As counselors we do not always have the luxury of time but we do have of techniques and tactics that allow us to discover the source of a person's discouragement. The idea of the "seven-minute counselor" refers to the possibility of working more effectively in our conversations with our clients.

### TREATING VICTIMS OF ABUSE – AN ADLERIAN APPROACH

*Wes Wingett, PhD, Counselor in Private Practice, Norfolk, NE*

Verbal, physical, and sexual abuse occurs in various situations and at any age. The abuse may have been encountered during childhood or adulthood in a variety of contexts, such as home, school or work. This workshop will focus on a model of identifying and counseling survivors of abuse based on Adlerian psychology.

### Half Day, 9:00 AM - 11:30 AM

### PARENTING TODAY'S TEENAGER

*Geri Carter, MA, LMHC, Carter and Evans Marriage and Family Therapy, Tampa, FL*

This workshop will introduce participants to the Democratic Parenting Style. Participants will learn connectedness to teenagers, the proper use of natural and logical consequences, how to implement family meetings, sharing household responsibilities, and how to handle a teenager when he/she misbehaves. Toughest teen questions will be answered.

### EARLY RECOLLECTIONS: EMPATHY-BASED INTERPRETATION MODEL

*Arthur Clark, Ed.D., Professor, Coordinator, Counseling & Human Development Program, St. Lawrence University, Canton, NY*

Adler believed that empathy and empathic understanding were integral to the accurate interpretation of early recollections as a projective technique. The presentation features the application of an empathy-based model that is pertinent to a diverse range of clients. The approach will be demonstrated and clarified through audience participation.

### Half Day, 2:00 PM - 4:30 PM

### THE RELATIONSHIP SOLUTION FOR COUPLES

*Timothy D. Evans, PhD, LMFT and Geri Carter, MA, LMHC, Carter and Evans Marriage and Family Therapy, Tampa, FL*

Maintaining a cooperative union is the hardest task of marriage. Participants will learn what good mental health looks like in an intimate relationship, what harms a relationship, and how couples can reconnect. Therapeutic skills to help couples will be introduced. The workshop will conclude with an open forum demonstration.

### ESSENCE OF ESSENTIAL: THE POWER AND IMPORTANCE OF MUSIC IN OUR LIVES

*Susan Patricia Golden, MA, CPC, MP, Music for Healing and Transition and Music for People*

Music fills the spaces and connects: right/left brain, head/heart, each to/ other and to Universal energy. Empower yourself, children and clients. Come, Play, and LEARN! Participants will learn how & why including Music in their families and practices will enhance them. They will learn how the philosophies of Music For People and Adlerian Principles are parallel and compatible.

Friday, February 20, 2009

9:00 AM - 10:30 AM

## KEYNOTE

### HOW PERSONALITIES ARE CREATED

*Betty Lou Bettner, Ph.D., LPC, Psychotherapist in private practice in Media, PA; Faculty member of Holy Family University in Philadelphia, PA; Faculty member of ICASSI; Author, Diplomat in Adlerian psychology*

Adler spoke of the third force beyond heredity and environment—the creative power of the individual. What a child is born with and into is not as important as how the child uses that information. Let's look at the "raw materials" and influences that children use to create unique personalities.

### WORKSHOPS SESSION A (10:45 AM - Noon)

#### A1) THE RELATIONSHIP SOLUTION AT WORK

*Dan Kane, Ed.S., MBA, LMHC*

Successful managers manage people not workers. Placing a priority on relationships in an organization is more effective than any human resource management process or program. The natural condition is for employees to strive to achieve/contribute at a high level, this workshop will provide you with a framework to provide the encouragement needed to manage others in this context.

#### A2) MOTIVATING CHILDREN TO LEARN BY RUDOLF DREIKURS

*Robert Villavisanis M.A., LMHC, Veteran's Administration, Rick Patton, M.A., LMHC, Veteran's Administration Tampa, Florida*

During this presentation the participants will watch an original video of Rudolf Dreikurs, MD lecturing at the University of Vermont in 1969. Participants will be involved in an active discussion about the video including the implications for our current society.

#### A3) USE OF THE MOST MEMORABLE OBSERVATION IN COUNSELING AND PARENT EDUCATION

*Francis X. Walton, Ph.D., Therapist in Private Practice, Chapin, SC*

The presenter will demonstrate The Most Memorable Observation technique and speak of applications in family counseling, parent education, individual counseling and teacher consultation. The presenter will note three common compensations to which human beings are vulnerable that may stimulate us to make mistaken decisions. Three specific guidelines for use of the technique will be offered.

## PROFESSIONAL CONTINUING EDUCATION CREDITS WORKSHOPS

(10:45 AM - 1:45 PM)

### AVOIDING ETHICAL PITFALLS . . . OR, WATCHING WHERE YOU STEP!

*Al Milliren, Ed.D. Associate Professor Division of Psychology and Counseling, Governors State University, University Park, IL and Kristen Harris, M.A., LPCI, Doctoral Student in Counselor Education, Sam Houston State University, Huntsville, TX*

What do we already know about ethics? What is it that allows/stops us from effective ethical practice? We will review and reinforce those standards that make for good ethical practice and follow that by examining the various dimensions of support and interference with meeting those standards.

(2:30 PM - 4:30 PM)

### DOMESTIC VIOLENCE FROM A SYSTEMS PERSPECTIVE

*Dan Kane, Ed.S., MBA, LMHC*

This workshop will explore domestic violence from an alternative to the prevailing victim/perpetrator model. It will focus on the lifestyle influences and the patterns of interaction that underlie violence in intimate relationships.

## WORKSHOPS SESSION B (1:30 PM - 2:45 PM)

### B1) THREE ENCOURAGEMENT ACTIVITIES: EDUCATIONAL IMPLICATIONS

*Daniel Eckstein Ph.D., Professor, Sam Houston University, Huntsville TX.*

The workshop will feature the three encouragement activities as well as to identify some actual teacher encouragement stories. Some of the challenges the student teachers report as they reassemble with the authors three months after the seminar will also be identified.

### B2) PARENTING SOLUTIONS

*Kathy Walton, Consultant, Adlerian Child Centers, Inc., Cindy Walton-McCawley, M.Ed., Coordinator, Adlerian Child Care Centers, Columbia South Carolina*

One of the best ways to win over parents of children to Adlerian principles is to help them with immediate child rearing challenges. This workshop will offer participants specific techniques for a variety of concerns that parents face. The techniques help parents to implement stopping the use of misbehavior and provide encouragement to win their children over to responsible behaviors. Some of the issues addressed are sibling rivalry, aggressive behavior, homework, chores, and bedtime routines.

### B3) MIND BODY CONNECTION/TAOIST TAI CHI

*Randall Gainforth, MA, LMHC, Carter and Evans Marriage and Family Therapy, Tampa, FL and Brian Lau, Instructor, Taoist Tai Chi Society, Tampa, FL*

Tai chi is the name for the internal martial art that originated in China over 800 years ago. This workshop will introduce the holistic practice of taijiquan and explain how it can help improve both mental and physical health. This introduction will educate mental health practitioners to the benefits of this practice for themselves and clients.

## WORKSHOPS SESSION C (3:00 PM - 4:15PM)

### C1) CREATION & MANAGEMENT OF A PRIVATE PRACTICE: WE DO THIS FOR A LIVING

*Geri Carter, M.A., LMHC, Timothy D. Evans, Ph.D., Randy Gainforth MA. LMHC, Denise Johnson, M.A., Counseling Psychology, Carter and Evans Marriage and Family Therapy, Tampa, FL.*

This workshop will present what we know about private practice. This includes office location, use of websites, public relations, insurance and techniques for working with challenging clients. We serve a wide variety of clients from athletes, professionals, to the homeless. We offer groups, individual, couples, divorce mediation, and parent teen relations.

### C2) PLAY: PREPARATION FOR THE FUTURE

*Wes Wingett, PhD, Counselor in Private Practice, Norfolk, NE*

We will play, we will process and we will prepare for the future. This didactic and experiential workshop based in Adlerian theory will focus on the play of children and our own play as preparation for the future, demonstration of communal feeling, striving toward fulfillment or mastery and expression of creativity.

### C3) “Hey Mama, Weer All Crazee Now!”: THE MEDICALIZING OF NORMAL CHILDHOOD DEVELOPMENT

*Thomas Garcia, LMHC NCC CAP CRC CFAE MAC – Previously the Clinical Court Liaison for the Marchman Act in Hillsborough County, FL.*

Issues advocating the medicalization of normal childhood, including the intrusive screening of “infants and toddlers” to determine if they “suffer” from a “biochemical” imbalance will be explored. The relevance of research biases currently plaguing the diagnosis of childhood “disorders,” and the complexities pertaining to subjective and impressionistic diagnostic criteria used to label children.

## FLORIDA ADLERIAN SOCIETY BOOKSTORE RECEPTION (4:30PM - Until)

Meet and Greet Conference Presenters while enjoying o'dourves and available cash bar.

Saturday, February 21, 2009

9:00 AM - 2:00 PM

Alfred Adler Elementary Charter School, St. Petersburg

## Social Interest Award

### PART I

(9:00 AM to 10:45 AM)

### RAISING KIDS WHO CAN BECOME RESPONSIBLE, SELF-RELIANT, RESILIENT, CONTRIBUTING ADULTS

*Betty Lou Bettner, Ph.D., LPC Psychotherapist in private practice in Media, PA; faculty member of Holy Family University in Philadelphia, PA; faculty member of ICASSI; author, diplomat in Adlerian psychology.*

The basic questions for parents and adults who work with children are: What do children need? How do we make sure they get what they need? How do we reduce feelings of inadequacy and inferiority in children? Alfred Adler gave us a theory and tools for communicating with, and guiding our children towards becoming other-centered, encouraged, productive adults. Let's focus on a child's needs and strategies for meeting those needs.

### PART II

(11:15 AM to 12:45 PM)

### OPEN FORUM COUNSELING DEMONSTRATION

*Frank Walton, PhD Therapist in Private Practice, Chapin, SC*

Dr. Walton will conduct a live interview with a family. This open-forum counseling demonstration provides us with the opportunity to "look into the home" of a family to see how mistaken approaches often originate and to observe ways to redirect and improve family relations. The demonstration will allow us to experience first-hand a humane, effective, and useful means of helping people to improve their level of functioning. In Dr. Walton's demonstration you will be able to observe the use of encouragement, the goal-directed nature of behavior, influences of birth order upon personality development, and other techniques that have demonstrated their value in helping to improve cooperative and responsible behavior.

(1:00 PM - 2:00 PM) **Lunch will be included during this session.**

### PANEL DISCUSSION

#### - Experts Answer Your Toughest Questions-

*Betty Lou Bettner, Frank Walton, Kathy Walton, Cindy Walton McCawley, and Tim Evans, Emcee.*

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Saturday February 21st, 2009 (ONLY)

(9:00AM - 2:00PM)

Child Care available on-site for a limit of 20 children. Child Care cost is \$45.00 per child, includes a light lunch Parents and/or legal guardian required to attend Saturday's Program.

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## THREE - DAY CONFERENCE SOCIAL INTEREST OPPORTUNITIES

Thursday February 19th, 2009

Dinner to follow at Chili's 2794 East Fowler Avenue Tampa, FL 33612 (dinner on own)

Friday February 20th, 2009

Bookstore Reception Immediately Following Workshops (with cash bar)

Saturday February 21st, 2009

Reception at Tangelo's Grill 226 1st Avenue North St. Petersburg, FL 33715 (\$10 per person)

## REGISTRATION FORM

### Building Character In The Home and School

February 19 - 20, 2009, University of South Florida, New Marshall Student Center, 4202 E Fowler Ave, MSC 2100, Tampa, FL 33620  
February 21, 2009, Alfred Adler Elementary Charter School, Clearview Methodist Church, 4515 38th Ave., N, St. Petersburg, FL 33713

Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
Address: \_\_\_\_\_ City/State/Zip \_\_\_\_\_  
E-mail (required) \_\_\_\_\_ Prof. License # \_\_\_\_\_

### WORKSHOP SELECTIONS

#### Thursday, February 19th, 2009 At The University of South Florida (Full Day and Half Day Workshops)

Full Day Workshop (9:00AM - 4:30 PM, Choose One)

- The Seven Minute Counselor: Brief, Time-Limited Adlerian Counseling  
 Treating Victims of abuse-An Adlerian Approach  
 Parenting Today's Teenager  
 Essence of Essential: The Power and Importance of Music in Our Lives  
 Early Recollections: Empathy-Based Interpretation Model  
 The Relationship Solution for Couples

#### Friday, February 20th, 2009 At The University of South Florida (Half Day Workshops)

Session A (10:45-Noon)	A1	A2	A3
Session B (1:30-2:45)	B1	B2	B3
Session C (3:00-4:15)	C1	C2	C3

- Avoiding Ethical Pitfalls...Or, Watching Where You Step! (Licensure Continuing Education Renewal Requirements) (10:45-1:45)  
 Domestic Violence From A Systems Perspective (Licensure Continuing Education Renewal Requirements) (2:30-4:15)

#### Saturday, February 21st, 2009 At the Alfred Adler Elementary Charter School, St. Petersburg, FL - Full Day Program Event (9:00 - 2:00)

- Part I: Raising Kids Who Can Become Responsible, Self-Reliant, Resilient, Contributing Adults  
 Part II: Open Forum Counseling Demonstration

Continuing Education Credits Requested: LMHC, LCSW, LMFT, NBCC, APA (Florida Adlerian Society BAP#170-3/2009) CE's Add \$15. 6 hours each day.

Check all that apply (Early Registrations must be postmarked January 31, 2009)

	Early	Late	Student	
<input type="checkbox"/> Thursday	\$85	\$95	\$65	
<input type="checkbox"/> Friday	\$85	\$95	\$65	
<input type="checkbox"/> Saturday	\$90 (Includes Lunch)	\$100 (Includes Lunch)	\$70 (Includes Lunch)	

### PAYMENT METHOD

Please charge my: Visa    MasterCard    AMEX    Discover  
Account # \_\_\_\_\_ Expiration Date: \_\_\_\_\_

Please make check or money order payable to Florida Adlerian Society (FAS)

Mail to: Florida Adlerian Society, 2111 W Swann Ave., Suite 104, Tampa, FL 33606

Contact: Tim Evans, 813-251-8484 or Tim@evanstherapy.com, FAS Website: <http://www.adlerflorida.org>

FAS is going green please check here if we can send you news of upcoming events via e-mail.

## HOTEL INFORMATION

The following hotels are located near The University of South Florida  
- Mention you're attending a USF event for special pricing -

### Clarion Hotel

2701 East Fowler Avenue  
Tampa, FL 33612  
813-971-4710

### Embassy Suites Hotel

3705 Spectrum Boulevard  
Tampa, FL 33612  
813-977-7066

### Super 8 Motel

321 East Fletcher Avenue  
Tampa, FL 33612  
913-933-4545

### Hyatt Place

11408 30th Street North  
Tampa, FL 33612  
813-979-1922

### La Quinta Inns and Suites

3701 East Fowler Avenue  
Tampa, FL 33612  
813-910-7500

### Tampa Hotel

2701 East Fowler Avenue  
Tampa, FL 33612  
813-971-4710

Florida Adlerian Society  
2111 W Swann Avenue, Suite 104  
Tampa, FL 33606

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## THE RELATIONSHIP SOLUTION

### The Florida Adlerian Society 14th Annual Conference

Provider # BAP-170-3/2009

## Building Character In The Home And School

Thursday February 19th, 2009  
Through  
Friday February 20th, 2009

### FAS 14th Annual Conference

Held at

University of South Florida  
New Marshall Student Center  
4202 E Fowler Ave, MSC 2100  
Tampa, Florida 33620



Saturday February 21st, 2009

### FAS 14th Annual Conference

Held at

Alfred Adler Elementary School  
Clearview United Methodist Church  
4515 38th Avenue North  
St. Petersburg, Florida 33713